

The Capital District Women's Bar Association invites you to a special  
Work-Life Balance Lunch Program

# The 36 Hour Day: The Sandwich Generation

A one-hour, interactive program about juggling  
the responsibilities of work, home and caregiving



Presented by: Monika Boeckmann, MA, MS, MBA, Executive Director of

**alzheimer's  association™**

**Date and Time:** Thursday, May 24, 2007 - 12 Noon to 1:30 PM

**Location:** McNamee, Lochner, Titus and Williams, PC, 677 Broadway,  
Albany. **Cost:** \$ 15 (includes lunch)

**RSVP to** [ava.charne@byfi.org](mailto:ava.charne@byfi.org) or 438-5511